



Kovai Kalaimagal College of Arts and Science
Re- Accredited with 'A+' Grade by NAAC
(An Autonomous Institute, Affiliated to Bharathiar University)
Vellimalaipattinam, Narasipuram Post, Thondamuthur Via, Coimbatore 641 109.
Ph: 0422 – 2970131 / 132, Fax: 0422 – 2970427, 9500564940



Ref: KKCAS/SGRC/2023-2024/01

26.5.2023

Circular

There will be a meeting of Students Grievances Redressal Committee on 29.5.2023 (Monday) at 10.a.m in the Principal's Room. All the members of the committee are informed to attend the meeting without fail.

N. Lalala
26/5/23

Principal

Principal

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Narasipuram Post, Coimbatore - 641 109.



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Members of Students Grievances Redressal Committee -2023-24

S.No	Name of the Member	Designation	Role in the Committee
1	Dr N Mala	Principal	Convener
2	Dr. V. Vijayalakshmi	Dean – Commerce	Member
3	Dr. S.Mazhlai Silambu	HoD - Tamil	Member
4	Mrs C.Senbagavalli	HoD -Information Technology	Member
5	Mr .C.Rajesh	Physical -Director	Member
6	Mrs.A.Maheswari	Asst. Physical -Director	Member



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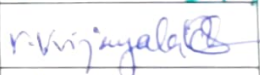






Minutes of the meeting of

Students Grievances Redressal Committee - 2023-24

Minutes of the meeting of Students Grievances Redressal Committee held on 29.5.2023
(Monday) in the Principals Room

The following members were present:

S.No	Name of the Member	Designation	Role in the Committee	Signature
1	Dr N Mala	Principal	Convenor	
2	Dr. V. Vijayalakshmi	Dean – Commerce	Member	
3	Dr. S.Mazhlai Silambu	HoD - Tamil	Member	
4	Mrs C.Senbagavalli	HoD -Information Technology	Member	
5	Mr .S.Rajesh	Physical -Director	Member	
6	Mrs.A.Maheswari	Asst. Physical -Director	Member	

The meeting commenced with a welcome address by the Principal.

The Principal explained about the objectives and importance of the Grievances Redressal Committee and it was reconstructed and renamed as Students Grievances Redressal Committee (SGRC) as per the new regulations of UGC (Redressal of Grievances of Students) with the following objectives.

- * To promote physical fitness and sports activities for students.
- * To safe guard students against academic pressure, peer pressure, behavioral issues, stress , career concerns, depression and other issues on the mental health of students.

After detailed discussion, the following decisions were taken to ensure equitable access to quality mental health services to all the students enrolled in KKCAS.

1. Vibrant Campus Life : A lively campus life for students is also essential for good teaching-learning environment, sound assessment systems and fair and equitable treatment to all. To fulfill the goals of students, the committee should arrange field training, job placement activities, educational tours, a summer internship and provide the spaces for cultural activities and community services for building national spirit with a larger humanistic perspective.

2. Student Service Centre (SSC):

Student Service Centre (SSC) must be created for managing the problems related to stress and emotional adjustments and support to the students with special needs.

- * SSC will conduct counseling, guidance and physical and mental health service in person or online or telephone helpline or for group counseling.
- * SSC will maintain the data base of the students profile and demographic profile also.
- * SSC must have an adequate member of male and female trainers /counselors.
- * SSC will work in close collaboration with Psychiatrists and other mental health professionals of medical institutions located in the vicinity.
- * SSC will organize self defence training for girls students
- * The details of the student support system for students physical and mental health must be properly highlighted in the college website and in the admission brochures.

Physical Fitness:

The committee focus on physical activity for all students to help them stay physically fit and mentally healthy. One hour day reduces the risk of obesity and helps to be smart, happy and less prone to depression and other mood of disorders.

Physical activity programs and provisions:

The committee need to nurture an atmosphere where students are asked to be physically active.

- * The Physical Director should create, maintain and arrange indoor and outdoor sports and games facilities and Gymnasium. The students in the hostel too should be equipped with minimum facilities for the students.
- * For physical fitness Yoga class must be conducted regularly or weekly. Also pranayama with heart based meditation should be initiated among the students..

- The physical education department will organize monthly intramural sports tournaments and honour the winners.

Mental Health Professionals :

- * The committee should start special courses to prepare Mental Health Professionals to be responsible for educating and training professionals as per UGC provisions and guidelines.
- * The Committee should plan for Memorandum of Understanding (MOU) with premier institutions like NIMHANS, HBAS, RINPAS, AIIMS and other related institutions.

As there was no other matter to be discussed, the meeting came to an end with a vote of thanks proposed by Dr. V. Vijayalakshmi

N. Lalala
Principal 29/5/23
Principal

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Narasimharajpet, Coimbatore - 641 009